



The UCF Arboretum

Student Union  
Every floor by stairs

Student Health Services  
3rd floor

Wellness & Health Promotion Services

RWC Side Entrance Balcony

# TOWER GARDENS AT UCF

**FRESH**  
GROWN AT UCF

GET *involved* NOW

VOLUNTEER AT THE UCF ARBORETUM COMMUNITY GARDEN OR AT WELLNESS & HEALTH PROMOTION SERVICES!

 HEALTHY KNIGHT

 SEE HEALTHY KNIGHT COOKING DEMOS

FOR COOKING DEMO AND CLASS SCHEDULE VISIT [WHPS.SDES.UCF.EDU](http://WHPS.SDES.UCF.EDU)